

Upper respiratory conditions

Respiratory symptoms are common symptoms of lung or heart conditions, emotions, or injury.

The medical terms for respiratory symptoms include dyspnea (difficulty breathing), tachypnea (rapid breathing), hypopnea (shallow breathing), hyperpnea (deep breathing), and apnea (absence of breathing).

Causes of breathing problems:

1. COPD
2. Asthma
3. Infections
4. Inflammation
5. Heart disease
6. Anxiety
7. Airway Obstruction
8. Lung injury

In some cases, respiratory symptoms can be a sign of a serious or life-threatening condition.

Seek immediate medical care (call 911) for serious symptoms, such as sweating and severe difficulty breathing, severe sharp [chest pain](#) that may be combined with pale or blue lips, fast heart rate, high fever (higher than 101 degrees Fahrenheit), fainting, or change in level of consciousness or lethargy.

Seek prompt medical care if you are being treated for respiratory symptoms but mild symptoms recur or are persistent.